

Performance Objective 5: Drug Resistance

Enabling Objectives:

1. Conduct independent research on tobacco, alcohol, and drugs.
 2. Help inform and encourage friends to stay away from all forms of tobacco, alcohol, and drugs.
 3. Serve as a positive role-model for leaders, peers, and subordinates against tobacco, alcohol, and drugs.
-

Because this information changes so frequently, information contained in this chapter will be more reference information. We will provide internet links and other reference material that will allow each Young Marine and unit to maintain an up to date hold on drug resistance.

Review

For a review of the dangers of tobacco, alcohol, and drugs, see the Young Marine Basic Guidebook, Performance Objective 5.

E.O. 1 Conduct independent research on tobacco, alcohol, and drugs.

Now that you are beginning to step into leadership roles within your platoon, the responsibility to your Young Marines increases. With that in mind, you will need to research areas that will give you the best and latest information concerning tobacco, alcohol, and illegal drugs so that you will be able to properly educate your subordinates. The websites listed below will provide you with that information. As you research your data, make notes of anything new. Your Young Marines may not have heard of it before, so keep them informed. Additionally, ensure that you provide your Young Marines with these websites so that they may keep up to date as well.

www.whitehousedrugpolicy.gov

www.prevention.samsha.gov

www.cdc.gov

www.dea.gov

www.drugfreeamerica.org

Don't forget that there are other sources available such as your local library, drug and alcohol centers, law enforcement agencies and even your school.

E.O. 2 Help inform and encourage friends to stay away from all forms of tobacco, alcohol, and drugs.

As a Young Marine, you are expected to live a drug-free lifestyle. This means in addition to you not putting things in your body, you are expected to stay away from others that do these things. Hanging around with those that use these drugs is as bad as using them yourself. You can help your friends to get away from these habits by providing them with information. Encourage your friends to visit the websites listed above. Talk to them about what you have learned about the dangers of using these drugs. Become a role-model to your friends just as you have for your Young Marines.

E.O. 3 Serve as a positive role-model for leaders, peers, and subordinates against the use of tobacco, alcohol, and drugs.

Serving as a positive role-model is not easy. You have to “walk the walk” and “talk the talk”. If you want to be a role-model against drug use, you need to keep yourself away from all forms of it. You even need to stay away from friends and peers that do it. If you can do this everyday, people will see that you are serious. They will ask you questions. Some will be tough, such as “if I’m smoking but you’re not, why should that keep you away from me?” Your answer would be simple. “I choose to live my life free of drugs, tobacco, and alcohol. I enjoy your friendship, but would really appreciate it if you did not do those things around me.” If you persist with a positive attitude concerning the dangers of tobacco, alcohol, and drugs, people will catch on. Relate experiences that you may have about someone who messed their life up as a result of using tobacco, alcohol, or drugs. The impact you have on your Young Marines may just save a life one day.

**PERFORMANCE QUALIFICATION REVIEW
Performance Objective 5: Drug Resistance**

E.O. No.	Enabling Objective Description and Performance Requirement	Authorized Evaluators Signature
1	Conduct independent research on tobacco, alcohol, and drugs.	
a.	Can demonstrate how to research information using the website addresses provided.	
b.	Knows other areas where information on this subject can be found.	
c.	Presents documentation of a successful research project.	
2	Help inform and encourage friends to stay away from all forms of tobacco, alcohol, and drugs.	
a.	Young Marine is observed encouraging friends, peers, or fellow Young Marines to stay away from tobacco, alcohol, and drugs.	
3.	Serve as a positive role-model for leaders, peers, and subordinates against the use of tobacco, alcohol, and drugs.	
a.	The Young Marine serves as a positive role-model against the use of tobacco, alcohol, and drugs by staying away from those that use it and talking about the dangers of using every chance they get.	
b.	The Young Marine carries with them readily accessible references for those that may want information on abuse of tobacco, alcohol, or drugs.	